# VISIT US:



Village Farm Health Club Middle Road Shilbottle NE662XS



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www.northumberlandspa.co.uk



# THE SECRET SPA

Relax. Refresh. Rejuvenate.

Your sanctuary for ultimate wellness and serenity.

The Secret Spa

# SPA PACKAGES

Since opening The Secret Spa, Sarah has created a serene, multi award-winning haven of relaxation and wellbeing. Nestled at Village Farm, our spa invites you to unwind in peaceful surroundings with the expert care of our skilled therapists. Enjoy our heated pool, jacuzzi, sauna, and steam room, then drift away on our warm loungers overlooking the tranquil gardens — the perfect escape for mind, body, and soul.

The Secret Spa

# **OUR** PACKAGES





#### gym facilities, including pool, sauna, steam room, and jacuzzi.

Choose from: → Morning Session: 9am – 12pm

→ Afternoon Session: 2pm – 5pm

Indulge in a blissful escape with any 30-minute treatment of your choice

from our menu, complemented by a glass of fizz or fresh orange. Enjoy full access to our luxurious spa and

Mon-Fri £60pp | Sat £70pp

## **Full Spa Day**

Half Spa Day

Immerse yourself in a day of pure relaxation with any treatment of your choice from our menu, a light lunch from The Running Fox, and a complimentary glass of fizz or fresh orange. Enjoy full access to our spa and gym facilities, including pool, sauna, steam room, and jacuzzi.

9.15am - 4.30pm

30 mins - £85pp

60 mins - £115pp

75 mins - £125pp

90 mins - £150pp

Saturday supplement £10pp



**Certified Therapists** 







# MEDIFACIALS

Where Luxury Meets Clinical Expertise Discover our exclusive collection of Medical Grade Facials — results-driven treatments that blend advanced clinical formulations with the luxurious care and calm of The Secret Spa. The Difference Between Cosmetic and Medical-Grade Facials, Cosmetic facials work on the skin's surface, focusing on cleansing, relaxation and hydration. Medical-grade facials, however, go deeper — using pharmaceuticalgrade ingredients clinically proven to transform the skin at a cellular level. Each facial at The Secret Spa is performed by highly trained therapists, combining science-led precision with spa serenity to deliver both visible results and total relaxation.

APPROVED PARTNERS



## Exfoliating Clear Skin Facial

A triple resurfacing system using botanical, pharmaceutical-grade ingredients to deeply cleanse, remove impurities, and stimulate cellular renewal. Skin feels smoother, clearer, and hydrated with a healthy, luminous glow.

#### Fire & Ice Facial

This world-renowned iS Clinical treatment bridges the gap between a facial and a clinical peel. Using glycolic acid, retinol and potent botanical extracts, it resurfaces, smooths fine lines, and promotes cellular renewal for brighter, youthful skin.

# Foaming Enzyme Facial

Combining papaya and pineapple enzymes with pharmaceutical-grade glycolic acid, this results-driven treatment deeply exfoliates and purifies. The luxurious foaming masque revitalises dull, tired skin to reveal a polished, radiant complexion.

## Harmony Facial

Developed by a clinical team, this gentle, supportive facial soothes and restores fatigued or sensitised skin affected by chemotherapy, radiotherapy or surgery. Bio-nutrients and antioxidants strengthen and rehydrate, bringing deep comfort and calm.

## Honey Enzyme Facial

This luxurious treatment calms and brightens with botanically derived honey, salicylic acid and fruit enzymes. Gentle warmth enhances circulation, while hyaluronic acid and antioxidants restore hydration and radiance.

### iS Clinical Signature Facial

A prescriptive, results-led facial combining Sculpta technology, an LED light mask, and a lifting and sculpting massage to firm, tone and restore radiance. The ultimate treatment for skin renewal, hydration and luminosity.

# SPA AND BEAUTY TREATMENTS

### Massage

Aromatherapy massage £35 - £70 Swedish Massage £35 - £70 Voyager Massage £85 Mindful Dreams Sleep Ritual £70 - £80 Deep Muscle Melter Massage £70 Bamboo Massage £45 - £75 Aroma Touch Full Body Massage £85 Herbal Compress Massage £85 Scalp, Neck and Shoulder Massage £35

# Why not add hot stones to any aromatherapy massage for £5?

#### Scrubs & Wraps

VOYA Body Exfoliation - Choose from hydrating, relaxing, detoxifying or uplifting £60

VOYA Seaweed Leaf Wrap £100

VOYA Ocean Essence Body Wrap £80

VOYA Warm Spiced Mud Wrap £70

VOYA Nourishing Cocoon Journey

VOYA Organic Foot Ritual £50

Deeply Warming Back Treatment £60

#### **Relaxing Facials**

VOYA Organic Taster Facial £35 VOYA Self Discovery Radiance Facial £65 VOYA Anti-Ageing Restorative Facial £85 VOYA Deluxe Facial Experience £105

#### Mum-to-be

Precious Moments Pregnancy Treatment £70 Prenatal Voyager Massage £85

#### Manicure & Pedicure

File & polish fingers/toes £15 Gel file & polish fingers/toes £20 Gel removal + gel file & polish £25 Plexigel Overlay £25 Gel Removal £10 Manicure/Pedicure £35 Manicure/Pedicure with gel £40

#### Waxing

Full leg wax £30 3/4 leg wax £25 Half leg wax £20 Back/chest wax £17 Underarm wax £15 Bikini wax £15 Upper lip wax £7 Chin wax £7

#### Eyelash & Eyebrows

Eyebrow wax £7
Eyebrow tint £7
Eyelash tint £10
Eye trio (eyebrow wax, tint and lash tint )£24
Lash Lift and tint £30
Classic lash extensions £35
Classic lash infills £27

### Make up

Occasion makeup £45 Occasion makeup (including trial) £80

Please note: all tinting, lash lift and extension services require a patch test at least 24hrs prior to booking.